

# Dementia Doesn't Define Me!



## Empowering Seniors with Memory Care

Dementia affects millions of Americans and presents unique challenges for both seniors and their families.

Home care provides specialized support tailored to memory care, allowing seniors to remain in familiar surroundings and maintain a sense of independence.

### Preserving Identity, Providing Care

#### Home Care Supports Dementia Patients

- **Routine & Stability:** Caregivers create structured daily routines, reducing anxiety and confusion.
- **Safety Monitoring:** Home care ensures a safe environment, preventing wandering and accidents.
- **Cognitive Engagement:** Activities like puzzles, music therapy, and memory exercises help stimulate the mind.
- **Family Education:** Caregivers provide families with tools and techniques to support loved ones with dementia.

### Why It Matters...

The Alzheimer's Association reports

**90%**

of dementia patients prefer to age at home rather than in a facility.

Memory care at home reduces hospitalizations by

**30%**

and slows cognitive decline.

As caregivers, we play a vital role in helping individuals with dementia maintain a sense of self. Despite the challenges, remember that the person with dementia is still the same individual at heart. Surrounding them with love and support can make all the difference in preserving their identity and enhancing their quality of life.

**Help patients and families navigate dementia with dignity and grace by connecting them with our expert dementia care at home!**



Assisting Hands®  
Home Care

[www.assistinghandsdanapoint.com](http://www.assistinghandsdanapoint.com)

Serving South Orange County

**949-426-7300**

HCO# 304700345