

# Happy Grandparents' Day

**Celebrate Their Story.  
Support Their Journey.**



**Grandparents' Day is a time to honor the wisdom, warmth, and love of older generations.**

*But as families gather to celebrate, it's also a meaningful moment to reflect on the realities many seniors face behind closed doors — —*  
**loneliness, mobility challenges, and health changes that threaten their independence.**

**Grandparents are living longer than ever, but they may also be struggling more than they let on.**

Over 40% of seniors report feeling lonely, and many find it difficult to keep up with daily tasks, like cooking, bathing, or moving safely around the home.

**The greatest gift we can give a grandparent isn't just a card – it's support that helps them age with dignity, confidence, and connection.**

## **Home care can help with...**

- ♥ **Companionship** – Combat isolation with friendly, meaningful visits.
- ♥ **Daily Living Support** – Help with bathing, dressing, and mobility to prevent falls.
- ♥ **Peace of Mind for Families** – Know your loved one is safe, happy, and engaged.
- ♥ **Respite Care** – Give family caregivers a much-needed break.

**This Grandparents' Day let's do more than celebrate – let's make a difference for the grandparents in your community.**



**Assisting Hands®**  
Home Care

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