



# Dementia Care: Breaking the ER Loop



## From Crisis to Care

Hospital readmissions and emergency room (ER) visits for seniors with Alzheimer's and related dementias (ADRDs) are a substantial burden for patients, families, and providers alike. Many of these visits are preventable with early intervention, consistent oversight, and skilled care at home.

- According to a CDC report, adults 65+ with Alzheimer's had an ED visit rate of 36.1 visits per 1,000 persons per year.
- Among those ED visits by Alzheimer's/dementia patients, approximately 37.2% resulted in hospital admission, compared to 28.6% for those without Alzheimer's.

### Common Triggers for ER Visits in ADRD Patients

- Accidents & falls
- Behavioral disturbances
- Urinary tract infections (UTIs), pneumonia, & other acute infections
- Medication mismanagement / missed doses

### Trained Home Care Makes a Difference...

- Early detection of medical changes and symptoms (e.g. infection or dehydration) before they escalate.
- Behavior management and routines that reduce agitation, confusion, and nighttime disturbances.
- Adherence to medication schedules and coordination with providers to adjust medicines as needed.
- Reduction of fall risk through in-home safety audits and supervision.

- Alzheimer's disease and related dementias in emergency departments: United States, 2019–2021. National Center for Health Statistics Data Brief, no. 510. Hyattsville, MD: National Center for Health Statistics; 2024. Available from <https://www.cdc.gov/nchs/products/databriefs/db510.htm>
- Alzheimer's disease and related dementias and emergency department visits. JAMA Neurology. 2023;80(8):786-795. doi:10.1001/jamaneurol.2023.2187
- Dementia becomes an emergency 1.4 million times a year. University of Michigan Medicine Department of Psychiatry. July 2023. Available from <https://medicine.umich.edu/dept/psychiatry/news/archive/202307/dementia-becomes-emergency-14-million-times-year>

## Let's Work Together to Keep Alzheimer's Patients Safe, Stable, & Supported at Home!

Contact us to learn more about our specialized memory care & reduce avoidable ER visits.



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