

# Medication Mishaps After Discharge



## When Pills Pile Up...

Discharge day feels like a relief – until the new prescriptions start stacking up next to the old ones. For many seniors, this moment marks the beginning of “medication overload.”

## Common Post-Discharge Scenarios

- A provider adds a new prescription, and the patient forgets to remove the old one.
  - Instructions on the labels conflict: “Take with food” vs. “Take on an empty stomach.”
  - Pills look identical, doses overlap, and nobody’s sure what’s current.
- ❖ **1 in 5 hospital readmissions among seniors are linked to medication errors.**
- ❖ **75% of older adults take five or more medications daily.**

Without structure, safety quickly unravels.

## Medication Management Matters!

When medication routines are managed, outcomes stabilize.

- ✓ Fewer 30-day readmissions
- ✓ Better patient satisfaction scores
- ✓ Safer recoveries at home
- ✓ Fewer emergency calls

## Home Care: The Bridge Between Providers & Patients

Home care plays a critical role in keeping daily routines safe and consistent – the “extra set of eyes and hands” every family needs after discharge. They help bring order and accountability to the recovery process by...

- **Ensuring medications are taken correctly** as prescribed and on time.
- **Observing for missed doses, side effects, or confusion** and promptly communicating concerns.
- **Encouraging hydration, balanced meals, and rest** to support medication effectiveness and healing.
- **Monitoring overall wellbeing** so small issues don’t become emergencies.

Home caregivers don’t replace medical care; they reinforce it through reliable daily support. **Call today to coordinate the support you need!**



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