

# Join Us for an Essential Presentation: Supporting Aging At Home!



Assisting Hands®  
Home Care



Are you or a loved one looking to maintain independence while aging safely at home? Discover how to make "Aging in Place" a reality with expert insights and practical strategies in our engaging presentation, Supporting Aging At Home - A Team Approach!

## Why Attend?

- ✓ Understand the Growing Need for Senior Care - Learn about America's aging population and how it affects families.
- ✓ Prevent Common Risks - Find out how to reduce falls, hospitalizations, and other health challenges.
- ✓ Explore Care Options - From family caregivers to professional agencies, understand the pros and cons of different support systems.
- ✓ Learn About Financial Resources - Discover available funding options for home care and long-term assistance.
- ✓ Recognize the Signs - Know when it's time to seek help and how to navigate the next steps with confidence.
- ✓ Build a Care Team - Find ways to share the caregiving responsibility and prevent burnout.

Empower yourself with the knowledge to make informed decisions for a safer, happier, and more independent future!

## Who Should Attend?

- ✓ Seniors who want to stay independent and safe at home
- ✓ Family members and caregivers seeking guidance and support
- ✓ Anyone interested in resources and financial options for aging care

Let's redefine aging together—because growing older should be on your terms!