



Parkinson's Disease Awareness Month

Could it be Parkinson's?

Diagnosing Parkinson's disease is complicated. PD is a neurodegenerative disorder that affects dopamine-producing neurons in the brain. Symptoms generally develop slowly over years, and the progression of symptoms is often different from one person to another.

10 early signs of Parkinson's

1. Tremors, often in the hands or fingers
2. Small handwriting
3. Loss of smell
4. Trouble sleeping
5. Trouble moving or walking, including stiffness and balance problems
6. Constipation
7. A soft or low voice
8. Facial masking, meaning a reduction of facial expressions
9. Dizziness or fainting
10. Stooping or hunching over

No single one of these signs means that you should worry, but if you have more than one sign, consider talking to your doctor.

What Happens After Diagnosis Matters

If Parkinson's is suspected or confirmed, it doesn't just affect movement. It impacts balance, safety, medication timing, sleep, energy, and confidence. The earlier structure is put in place, the longer independence can be preserved.

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Parkinson's care
services, call today!



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